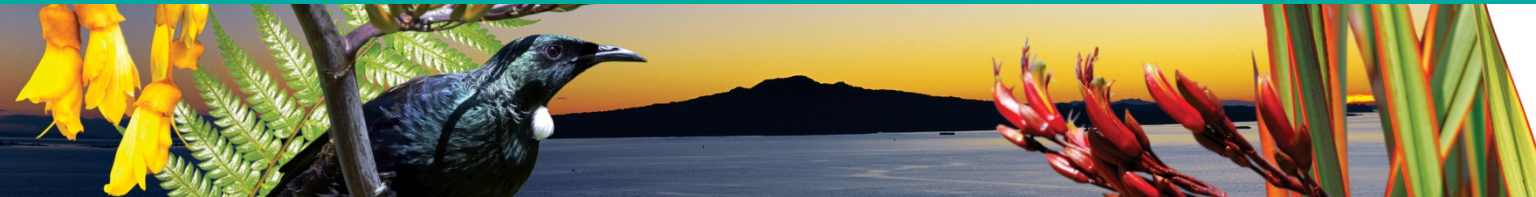


The 6th Helpful Habit

USE CARE BUNDLES

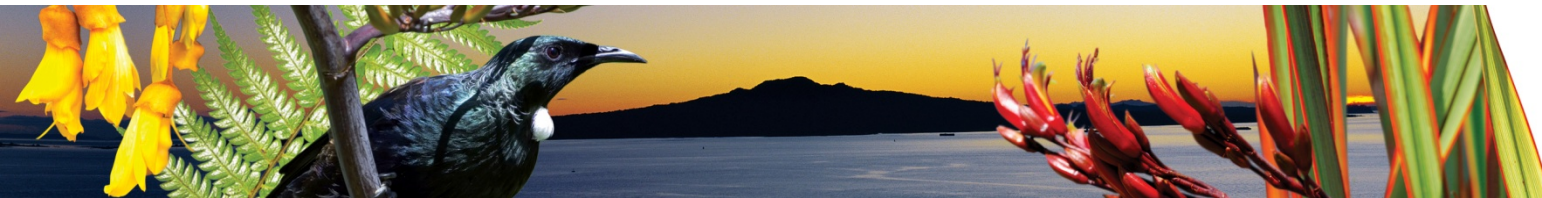


Waitemata
District Health Board

Best Care for Everyone

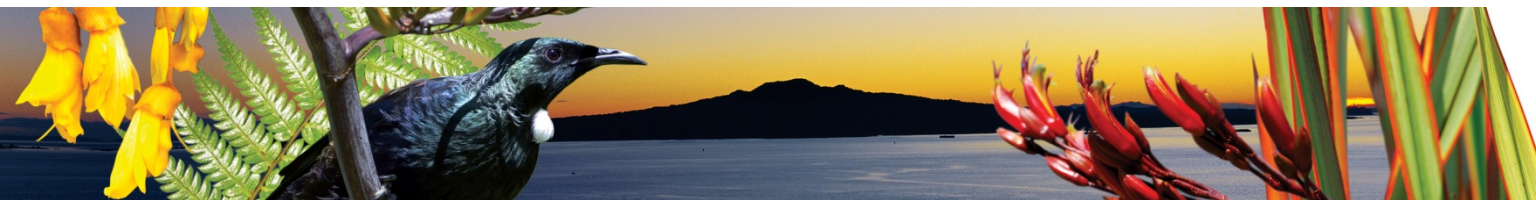
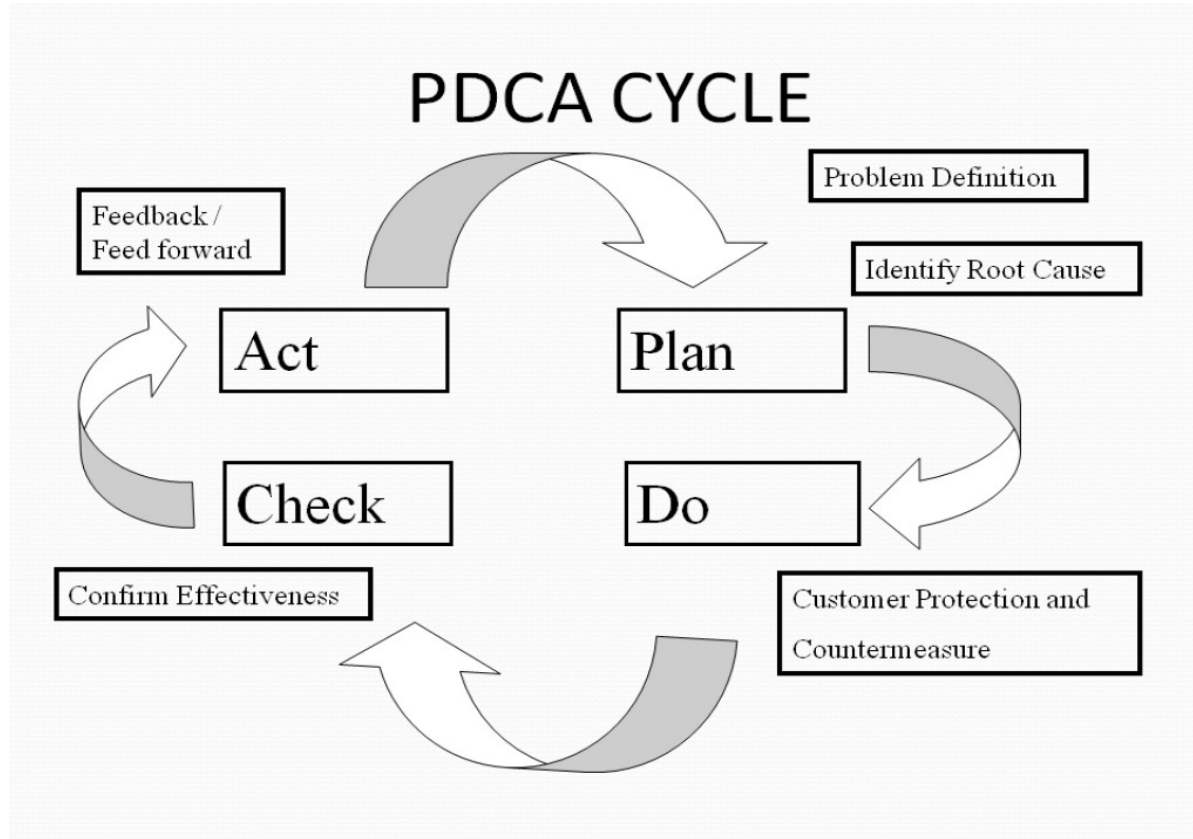
KEY COMPONENTS

- Know your referrals
 - is there a demand for a particular group of problems?
- Know current best practice
 - Use a best practice guideline where possible (if none exist agree as a team which approaches work best)



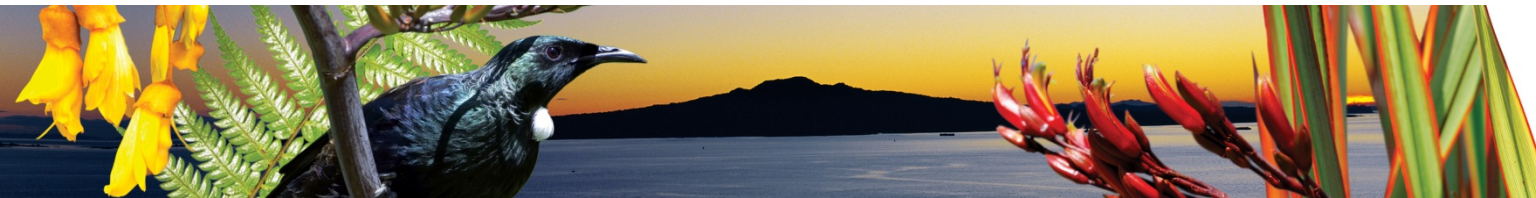
KEY COMPONENTS

- Use a quality cycle



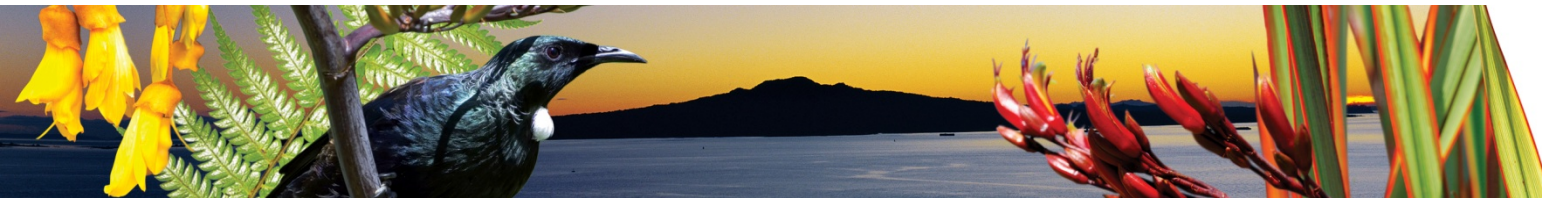
KEY COMPONENTS

- Write up the Care bundle as a checklist or flow chart – BUT keep it simple



Care Bundle Example

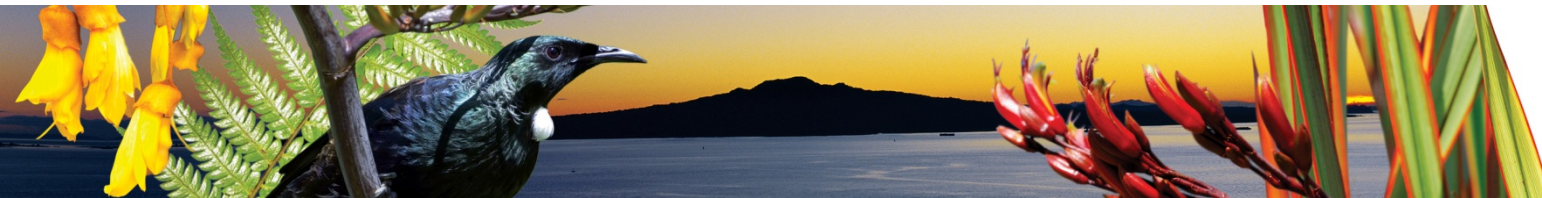
- Referral Question – Does this child have attentional difficulties?
 - this accounts for 1/3 of our referrals for children under 13yrs (n=200 in 2017)
 - there is an existing guideline in NZ (about half a tree long)



Care Bundle Example – cont.

Plan

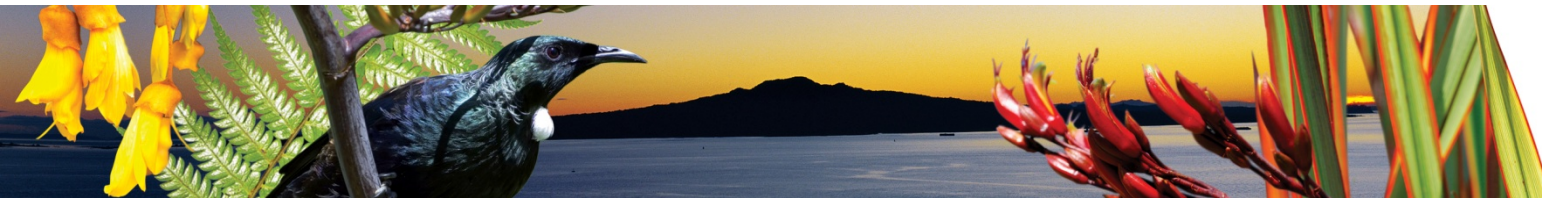
- Identify Professional Stakeholders
- Reach a clear understanding of Roles and Responsibilities of each stakeholder with an underpinning MOU or SLA (care bundles are process specific NOT person specific)
- Process Map



Care Bundle Example – cont.

Do

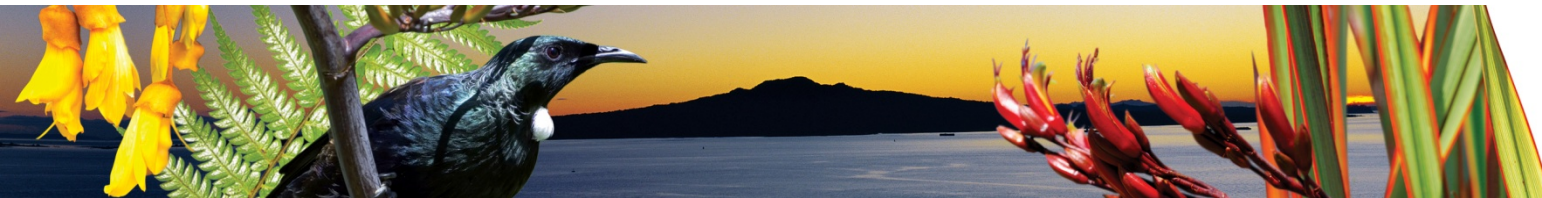
- Focused CHOICE appointment
- School Observation
- Psychometrics
- SMO/RMO review
- Groups



Care Bundle Example – cont.

Check

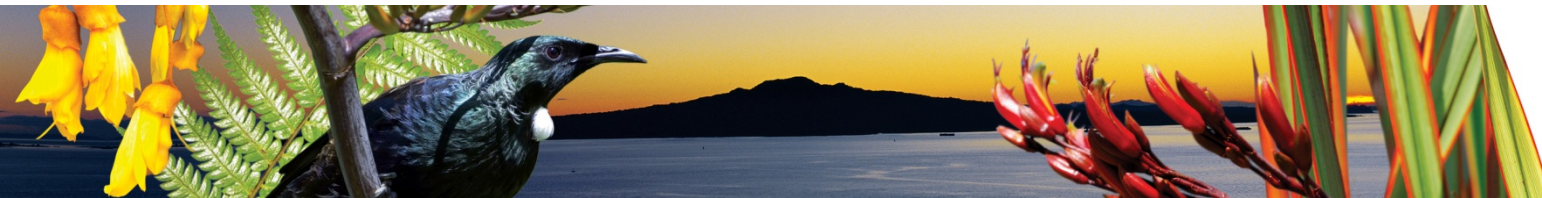
- Identify Bottlenecks
- Feedback –families, children, stakeholders etc.
- Monitoring Form
- School Meeting



Care Bundle Example – cont.

Act

- Adapt groups based on feedback
- Titrate medication
- Add CHOICE appointments
- Back to Plan (have regular planning time)



Care Bundle Example – cont.

